



The International Prayer of the Young Christian Workers

Lord Jesus, I thank you for this day.

I offer you all my work, my hopes and
struggles, my joys and sorrows.

Help me and all my fellow workers to think
like you, to work with you, to live in you.

Help me to love you with all my heart and
serve you with all my strength.

May your kingdom come in all our places of
work, study and leisure, and in all our homes.

Give me the courage to challenge what is
wrong and keep me faithful to the ideals of
the Young Christian Workers.

May those who have suffered for what is
right and all who have died share the
happiness of your Kingdom for ever.

Mary, Queen of Apostles,
St Thérèse of Lisieux,
St Joseph the Worker,

pray for us
pray for us
pray for us